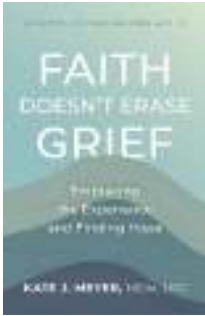




Invite Kate Meyer to Come Speak on **Navigating Grief & Faith**



Kate Meyer, MDiv, LPC, is an ordained minister, licensed professional counselor, and specialist in mental health and grief who can help your small group, local church, or church leadership be better equipped to cope with the fact that loss and grief is a natural part of life.

Invite Kate to come speak in person or virtually:

- One- or two-day workshops for both grievors and helpers, which includes teaching the both/and of faith and grief, and the practice of key coping tools.
- Four- or six-week adult education curriculum to be provided on consecutive weeknight evenings or Sunday mornings. Weekly worksheets will be provided for additional learning.
- Guest preaching to give faith communities the opportunity to learn straight from scripture that God understands the human need to grieve and encourages us to do so. Guest preaching can be paired with the workshops or adult education above.
- One-day workshop for pastors and lay pastoral care providers that creates a safe place to ask big questions, share stories, discuss phrases to avoid, and more. Participants will practice counseling techniques and learn when to refer individuals for additional support.

Contact Kate Mayer at katejemeyer.com@gmail.com to learn more.